

Individual Undertakings

1. Students/Staff should ensure that they are taking personal care of themselves whether it is personal hygiene or maintaining a healthy diet. Also, they should take full responsibility for keeping their personal belongings (cell phones, glasses, wallets, keys etc) clean and sanitized, as necessary.
2. Students/Staff are to ensure that they always have a well fitted face mask and sanitizer on their person while on campus.
3. Students/Staff are to ensure that they accurately fill and submit the COVID-19 pre-screening questionnaire at least a day PRIOR to arrival on campus.

Personal Advisory

- Staying home when appropriate
 - a. Students or staff who have tested positive for COVID-19 or exhibit symptoms of the virus are advised to stay home/seek medical help.
 - b. If a student or staff has been in contact with another person that has COVID-19 or exhibits the symptoms of the virus within the last 14 days, they must be advised to STAY HOME and MONITOR their health or seek medical help.
- Hand hygiene and respiratory etiquette
 - a. It is required that staff and students practice frequent handwashing with soap and water for at least 20 seconds.
 - b. If for some reason soap and water is not available, persons are required to use hand sanitizer that would contain at least 70% alcohol.
 - c. If there is the need to sneeze or cough it is necessary to do so into a tissue; after which the tissue should be thrown in the trash and hands washed or sanitized immediately.
 - d. Handshakes, fist bumps, hugs and other forms of physical interaction are prohibited.
- Masks
 - a. Face masks are required at all times; preferably N95, surgical or clean cloth masks.
 - b. Kindly take heed of the correct positioning of the mask below:

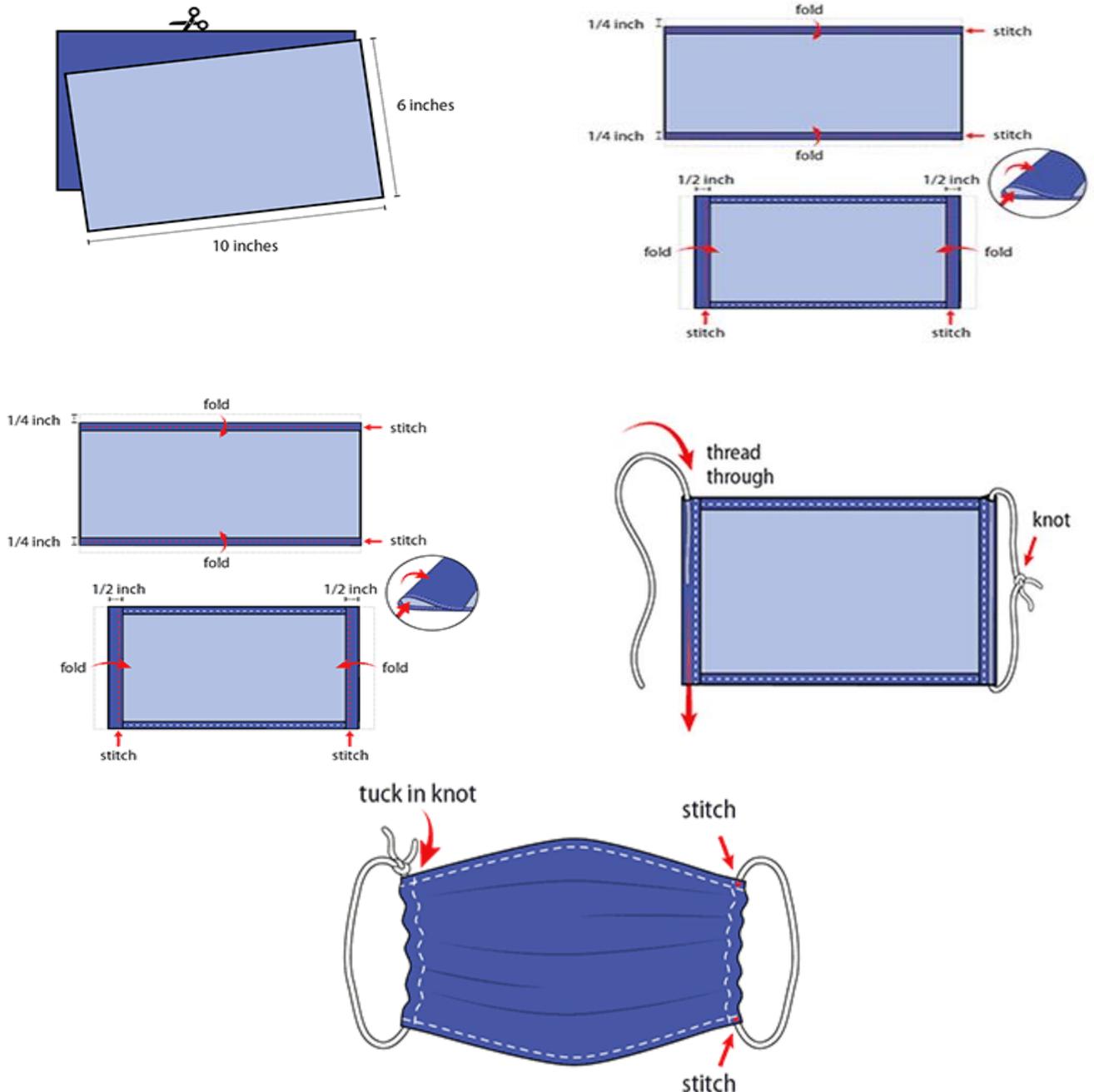


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- c. If you are making a mask, the recommended options for material to be used are two layers of high-quality, heavyweight “quilter’s cotton OR two-layer masks made with thick batik fabric OR double-layer masks with an inner layer of flannel and outer layer of cotton. Also, kindly note the design specifications for optimum protection:



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NB: Any breach of the protocol will be considered a serious offence and will be treated in similar fashion as any other disciplinary action under the acts and statutes of the University. Also note that noncompliance could also constitute a breach against the public health ordinance punishable under the laws of Guyana.